



TEAMS TRAINING PACKAGE

CONCEPT NOTES OF EXERCISES



With the financial support
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Humanitarian Aid and
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EXERCISE 1 - PREPARING FOR DEPLOYMENT
CONCEPT NOTE

1. Title

PREPARING DEPLOYMENT

2. Type of exercise

Tabletop exercise

3. Phase of the disaster response

Pre-deployment

4. Purpose

The purpose of this exercise is to expose participants to an EMT pre-deployment situation, in which unfamiliarized people have to quickly build up a team and start working together to prepare efficiently for the EMT mission. During deployments EMT members will require excellent communications skills and flexibility, as well as a good understanding of their different roles, which may evolve to adapt to the changing conditions of the EMT context. Creating positive and collaborative team dynamics contributes to an overall effective operational performance.

5. Scope

This exercise simulates the first meeting of a group of EMT members assigned to deploy in response to the earthquake affecting Montyland. Before heading to the field, the team members will gather in the EMT office and introduce to each other, get information about the mission and understand what will be their roles once on the field. They will also have to work together on different preparatory tasks for the imminent deployment.

6. General objectives

- To effectively manage the information received before deployment
- To understand the different EMT staff roles within the team
- To work collaboratively for the preparation of the EMT deployment

EXERCISE 2 - ARRIVING AND SETTING UP
CONCEPT NOTE

1. Title

ARRIVING AND SET UP

2. Type of exercise

Functional Exercise

3. Phase of the disaster response

Arrival and set up

4. Purpose

This module will allow members of national and international EMTs to become familiar with the main activities to be accomplished in the initial phase of the deployment.

5. Scope

The module presents a series of hands-on exercises reflecting the most common actions to be taken by EMTs upon communication of acceptance from EMT-CC - MoH and arrival to the disaster site. These activities are presented following a temporal coherence.

6. General objectives

- To construct a collaborative network (outside the team) in the disaster area;
- To build up the field hospital in the target area;
- To enhance awareness among all EMT members on the field equipment logistics;

EXERCISE 3 – SETTING PRIORITIES
CONCEPT NOTE

1. Title

SETTING PRIORITIES

2. Type of exercise

Tabletop exercise

3. Phase of the disaster response

Operational

4. Purpose

The purpose of this exercise is to force participants into ethical and conflicting decisions. Emergency operations are marked by an imbalance between the needs in the field and the resources available. This is often considered in terms of material resources, but in the medical field it can also result in life or death of a patient.

5. Scope

The team will be confronted with 2 patients in critical condition. Both of them require too much resources to be taken care off in the EMT. The team will be offered a set of resources, to take care of the patients, to refer them, to transport them etc. They will have to navigate carefully to see if they can save the lives of the patients and to sustain the life support needed to do so.

6. General objectives

- To take ethical decisions that are carried by the group
- To navigate between needs and resources in a critical situation, considering the long term consequences of decisions made in a critical moment
- To relay with other healthcare facilities for the benefit of the most

EXERCISE 4 – MANAGING OPERATIONAL INFORMATION

CONCEPT NOTE

1. Title

MANAGING OPERATIONAL INFORMATION

2. Type of exercise

Tabletop exercise

3. Phase of the disaster response

Operational

4. Purpose

Timely reporting of EMT activities is key to enable public health surveillance and improve the coordination and quality assurance of EMTs in the field. Consequently, data collection, analysis and reporting are part of the normal duties during deployments in which all team members should be involved. For that, team members need to be aware of the different data collection and reporting tools and the different type of information they will be receiving once in the field, which they should consider in planning their activities. While dealing with data and reporting, the team has to ensure the appropriate continuation of the clinical activities.

5. Scope

In this exercise participants will receive different sources of information related to EMT activities that they will have to analyse, compile and report following the established channels, in answer to both their Headquarters office and the EMT-CC. They should also use the information to plan their activities for the following days, prioritising them according to the needs. While performing these tasks a new doctor at the EMT health facility will unexpectedly call asking for support in a particular case and the medical team will need to deal with it following the EMT protocols.

6. General objectives

- To recognise the main tools for EMT data collection and reporting
- To correctly analyse and interpret data related to EMT activities
- To report EMT data following the established channels
- To deal with emerging situations while performing other routine tasks
- To work collaboratively during data collection and reporting tasks

EXERCISE 5 - RESPONDING TO A MASS CASUALTY INCIDENT
CONCEPT NOTE

1. Title

RESPONDING TO A MASS CASUALTY INCIDENT

2. Type of exercise

Functional exercise

3. Phase of the disaster response

Response

4. Purpose

This module will allow members to train concepts and practices of mass casualty incident response in a low resource environment, including MCI management competencies, communication & coordination and clinical management of casualties.

5. Scope

To train and discuss a mass casualty incident response superposed to a major humanitarian crisis.

6. General objectives

- To practice communicating with the EMT-CC for situation awareness and coordination of incident management
- To train managerial and clinical aspects of MCI

EXERCISE 6 - ADAPTING PRACTICE TO CONTEXT

CONCEPT NOTE

1. Title

ADAPTING PRACTICE TO CONTEXT

2. Type of exercise

Functional exercise

3. Phase of the disaster response

Operational

4. Purpose

The purpose of this exercise is to expose participants to mixture of cultural and legal sensitivities. EMTs are not functioning purely by themselves but are integrated in a framework of other sectors and systems. Health facilities have to coordinate with others, and when this is related to patients, this has to be done with utmost respect for the privacy of patient and relatives.

5. Scope

During this exercise the group will get a case presented where a young boy (about 8 years of age) dies shortly after arrival in the EMT. The boy is brought in by someone who claims he doesn't know the boy, and disappears shortly after arrival. The body shows marks of trauma, both old and new. After a while, the parents arrive, together with one more child that has its arm in a cast and a hematoma on the eye. They are overwhelmed by the loss of their child and want to collect the body, take it home and arrange the funeral.

The participants will have to navigate between the legal framework, the cultural and religious aspects, and the protection of the children. Will they inform the police? Will they refer the family to an organization working on protection? Will they allow the family to take the body?

6. General objectives

- To act in a locally acceptable manner
- To handle effective in emergencies
- To effectively handle sensitive cases
- To understand the position of a healthcare facility in the overall environment and work collaboratively with other partners

EXERCISE 7 – PLANNING THE EXIT

CONCEPT NOTE

1. Title

PLANNING THE EXIT

2. Type of exercise

Tabletop exercise

3. Phase of the disaster response

Exit

4. Purpose

A well planned exit strategy, timely informed and appropriately adapted to the local context, will facilitate a smooth exit and contribute positively to the recovery phase once EMT activities are finished. The purpose of this exercise is to expose team members to the main actions to be taken when the EMT medical activities in the disaster area are finishing and the team has to get ready for departure. Besides, the exercise aims to reinforce the importance of communication and media management in emergency contexts, particularly during the exit phase.

5. Scope

In this exercise, participants will prepare for the EMT exit by planning for the handover of medical activities, logistics, dealing with the local staff and the local community, the management of medical records and possible donations to the local facilities. Additionally, the team will have to deal with the questions of a journalist who approaches the team looking for information about their exit.

6. General objectives

- To identify the main actions required for the EMT exit
- To understand the importance of adapting the exit strategy to the local context
- To effectively deal with the media during emergencies
- To work collaboratively towards the exit

EXERCISE 8 - DEALING WITH SECURITY THREATS
CONCEPT NOTE

1. Title

DEALING WITH SECURITY THREATS

2. Type of exercise

Functional Exercise

3. Phase of the disaster response

Exit

4. Purpose

This module will allow members of national and international EMTs to become familiar with the appropriate strategies to be implemented to avoid safety and security incidents during road movements in deployment areas.

5. Scope

The module presents a commonly encountered case scenario in humanitarian settings and stresses the importance of both proper planning before undertaking overland road travels and adequate team/individual behaviour when crossing checkpoints.

6. General objectives

- To understand the reasons of the road movement
- To plan the trip in order to reduce vulnerability during the overland road travel
- To demonstrate good skills in the utilisation of satellite-based navigation and other communication devices
- To demonstrate good knowledge of the basic behavioral tips when crossing a checkpoint
- To demonstrate good communication skills
- To demonstrate good negotiation skills